

# Lloma's Fab Foodie Trail

## Delhi 'O' Delhi

13 Erskineville Road, Ph: 9557 4455

Led by restaurateur Javed Khan, **Delhi 'O' Delhi** has continued to receive accolades and recognition including winning one chef's hat in 2015. An Indian restaurant with a chef's hat? How is this possible? Quite simply, **Delhi 'O' Delhi** is very, very good at what it does.

We started our meal with the **Khasta Kachori**, inspired by the streets of old Delhi. It's a crisp disc shaped shell - not unlike a sea urchin - filled with diced potatoes, chick peas, date and tamarind chutney, served with refreshing yogurt and mint sauce. The combination of the crunchy shell and the warm tasty filling was wonderful. Continuing with the potato theme we then launched into a round of **Cocktail Samosa**.



Khasta Kachori

For mains, we shared a **Prune Kofta**, a **Goan Macchi**, which is a market fish with velvety smooth sauce of turmeric, mustard seeds, vinegar, star anise and coconut cream; and a **Mopala Murg**, a free-range chicken roasted in fresh coconut and tossed in an aromatic sauce of browned onions, ginger and ground spices.

Lashings of steamed basmati rice flavoured with lemon and saffron and a couple of hot Peshawari Naans rounded out our tummies nicely.

Fortunately, there was still a little room left for dessert and while the **Fig Pistachio & Honey Kulfi** was excellent, the **Lucknowi Meetha**, a sweet pastry filled with pistachio, cashew and dark chocolate was amazing. Served with Vanilla Bean Ice cream it was the perfect end to the meal.

**Delhi 'O' Delhi** has a couple of banquet offerings which gives a good balance of flavours and spice starting at \$42. The damage for the four of us, with a couple of bottles of BYO and a good tip was \$55 pp.

## NEW STRATA COMMITTEE MEMBERS



Tracy Hill

I've been living at Erko since early 2015 and I love it. I enjoy eating out, a good glass of wine, reading, going to the gym and spending time with my friends. I also love to travel. Italy and the US are fave destinations. I recently went to Seattle (for the third time!) to visit friends. We enjoyed concerts at a local winery and went to a roller coaster park in Idaho called Silverwood which I loved (you can see my excitement from the photo below!). In between all this I'm starting a new role with my old team at Westpac in a project management and administration role.



Rainer Fried

Rainer has worked as a Theatre Director for 30 years, with the last 2 decades in musical theatre. His work has taken him throughout Europe, the US, South America, Asia and of course Australia, where he finally settled down 11 years ago after falling in love with the country (and the girlfriend!). Rainer was born in Germany. He loves to eat. Which is lucky, given Allie (aforementioned girlfriend!), has recently become obsessed with cooking. Hailing from South Australia, Allie also works in theatre, as a Producer, and has been living in Sydney for 15 years.



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# ERKO News

AN OCCASIONAL JOURNAL OF NEWS FROM THE NEIGHBOURHOOD

## WTF? The Strata Levy went Down?

If, like me, you read our esteemed Treasurer's report in the AGM documents, you could be forgiven for thinking that the Strata Levies were going to increase. In fact, that's exactly what he said, a 4.5% increase.

So, you would have been surprised to see that the opposite happened and our levies decreased. I bailed him up about this and the explanation is that an allowance had been made over three years for provision of the CCTV system. After lengthy negotiations, our builder, Richard Crookes agreed to fund part of this cost.

This contribution was passed onto owners by a reduction of the Strata Levy. However, it will increase next year, just as the Treasurer promised.



If anyone believes they had anything stolen from the recent openings of the letterboxes in Pearl Street, they should contact Constable David Leabeater of the Redfern Police  
1 Lawson Square, Redfern

There's sure to be a by-law that says you can't stick things on your front door. But we thought this one was pretty cute.



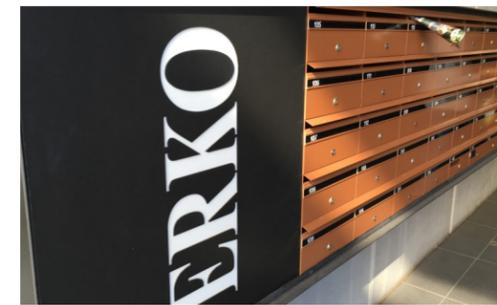
## Foodcraft unveils new frontage.

The recent Strata Committee meeting received a presentation from the architects retained by Foodcraft to design the alterations to our local café. The plans have been amended so that there is no longer an awning proposed for the westerly side, but the windows on that side will be modified to provide a better air flow.

In the front of the café, facing north, a structure will be built that will support a retractable awning with a folding glass panel on the west side. This should make the front of Foodcraft a much more pleasant place to eat on these windy days.

Subject to the usual guarantees regarding excessive noise and behavior, the SC recommended that the proposal be put to a Special General Meeting for approval.

On a happy note, Christian is now serving Mango or Strawberry Daiquiris and some reasonably drinkable house wine for those who can't be bothered bringing a bottle.



The mailbox issue—your humble scribe understands that consideration is being given to relocate the mailboxes inside the lobbies. The impediments to this are:

Approval by Australia Post—this should only be a formality.

Understanding that non-AP contractors will no longer be able to leave small packets in the boxes.

Determining whether moving the boxes inside does not conflict with a safety requirement regarding the minimum width of the lobby.

The cost. This would be in the thousands but could not be deemed to be a budgeted expense item. The cost would need to be raised through a special levy which would have to be approved at a Special GM.

TO TREE OR NOT  
TO TREE  
THAT IS THE  
QUESTION!



When the City of Sydney Council finally responded to our demands to complete the footpath in Pearl Street, we were all hoping for something a little more than we got.

Initial proposals from Council showed a broad swath of planting with mature trees providing much-needed shade for the street. But what did we get? More concrete and a few grasses. But wait.

We have learnt that Council has strict requirements for trees they plant, so some areas were not provided with trees due to a shortage of trees up to the appropriate standard. We are waiting to hear if this was the case with Pearl Street and have requested an assessment and that trees be planted. If this goes ahead, it will occur during the regular yearly planting schedule in 2018 mid-March to mid-September.

A Tree Plan provided by Council will be posted on foyer Noticeboards in coming weeks so residents can see what is deemed suitable for our streets.

## Where in the world is....

Residents of Erko travel to some unusual and out-of-the-way spots. Here we take a look at just one Erko couple.



*Sarah and James have been travelling for just over a year, criss-crossing the globe in a fashion that would make any normal person's head spin. With their permission, we reprint from their blog, their experience in climbing the 6,000 metre high Tocllaraju in the Andes of Peru. James takes up the story just near the summit.*

Sarah climbed out on to the final pitch which consisted of a 15 m high 60 degree wall, at the top there was a small ledge you could climb on to skirt around then climb up on to the summit.

As I climbed out I realised there was no going back, the rope between Sarah the guide and I was taut. It was almost exactly at this point I realised how cold I was with the wind blowing across my face, it was exactly then that Sarah stopped climbing.

As I sat the lowest in the line of climbers I felt a strange sensation come across my body and it was at this point I felt that me having a huge blast of diarrhea was inevitable, at 6000m this would be a disaster. I had hot then cold rushes of energy through my body, everything became a bit blurred and

dizzy and I suddenly felt very vulnerable, this would not be the time to fall.

I then realized that my fingers and toes were so cold they were hurting, I was doing everything I could to keep my crampons pinned to the ice and my ice axes deeply embedded. I touched my face to the slopes and tried to cool my burning skin, when the rope tugged at my waist I realized Sarah and the guide were climbing again. I tentatively removed my first ice axe when I tried to strike it back in to the ice higher the axe hit the snow side ways, I tried again with the same result. My hands were so cold I could barely control the ice axe, not a good situation.

All I could think was getting to the ledge at the top of the wall and curling up, as I climbed sometimes the ice axes went in to the ice and sometimes I need 2 – 3 attempts. I had spent the whole climb thus far ensuring each time I swung the ice axe the connection made a reassuring sound, now I was swinging and if it didn't hit side ways I climbed on.

I knew deep down it was this reckless attitude that would lead to an accident that in documentaries was life threatening, but nothing seemed

real, all I was focused on was getting to the ledge.

Eventually I got to the ice screw in the middle of the face with a carabiner and need to unclip myself. I could not get the rope out of the carabiner, my fingers would just not work. I needed to totally remove my hand from the ice axe and work harder at this, after minutes of scrabbling and people shouting what the delay was I finally got the rope free.

I climbed on up towards the ledge with little regard for my connection to the mountain. Finally I got to the ledge I crawled in and just laid there, all gravity removed from trying to pull me down the mountain. I instantly felt the rope again between to tighten, Sarah was still climbing. I screamed for her to stop, but she kept climbing. I tugged at the rope and she cried back to hurry up as she was on a technical part and stuck.

I had to again get the rope free from a carabiner so I could climb the final pitch, my finger still refused to help me complete the challenge, I pawed and pawed at the rope and finally it popped free.

*Read more of Sarah & James's adventures, including, what happened next at [www.formynextjourney.com](http://www.formynextjourney.com)*



## ...SARAH AND JAMES?



## The Battle for the Visitor's Car Spaces



Recently, the revised Strata Bylaws were approved by whoever does these things, and our SC was empowered to implement some of the changes incorporated into these revisions. The one which residents will notice most is that the Building Manager now has the power to enforce

parking in the Visitor's Car Spaces. These spaces are mandated in the original Development Consent, and are obviously, provided for visitors. But more commonly, they are being used by residents.

And who hasn't become irritated when, hoping to have a visitor over for dinner, there's no where to park as all of the spaces are full, often with cars which have been there for a week or more.

The bylaw, should anyone be interested, (8.11.d.2) states that a visitor may not occupy a space for more that one 24 hour period every seven days. But clearly, it's not the visitors who are abusing this rule, it's the residents.

The recent change to the bylaw allows the building manager to use a third party to identify any resident unlawfully using the visitors spaces and remove access to the carpark from the resident's fob. The costs of this exercise, estimated to be in excess of \$200 per offence would be recovered from the lot owner. Why the lot owner, someone asked, why not the occupier or tenant? Simply because the SC and Strata Manager only have a fiscal relationship with the lot owner.

There's one thing about this that concerns me.

Programming the fob is a very imprecise science. Wouldn't it be a terrible thing if, when removing the offender's access to the carpark, their access to the elevators was accidentally removed as well. That would really be a bummer.

It might be a good idea for any potential offender to ensure they're carrying their key to the firestairs...

## NEWS FROM THE SOCIAL CLUB

### SPRING GARDEN PARTY & ERKO EVENTS

As the season warms up, we'll be putting on events in the garden, so watch for FaceBook invites and flyers on the foyer noticeboards. Food is provided, BYO drinks - it's Gin & Tonic weather! Also coming up we're hoping to host seedling and herb givaways with gardeners sharing tips n'tricks - let us know via the Erko FaceBook page if you have herbs or plants you'd like to share with neighbours. Erko 'Community Group' initiatives in the mix are the November book-swap and Terracycling programs such as coffee capsule collections. You'll see info being circulated in coming months.



Visited Sydney City Farm yet? This innovation of Sydney City Council is 15 minutes walk away and is an outstanding success.



Save the date! **The Great Book Swap**, in support of Indigenous Literacy, is back again this year. Did you know that only 25% of Indigenous students in very remote areas are at the minimum reading standard, compared to 90% of non-Indigenous students?

How can we help? Bring your unwanted books to the courtyard on Saturday 21st October at 10.00am. Swap your book for a new book and leave a gold coin donation to support Indigenous Literacy. Last year we had great fun, discovered some new authors and raised a few hundred dollars for needy kids.

**Saturday 21st October—10.00am**